

Thank you so much for trying out this app today! As I guide you through this usability exercise, I will give you tasks to complete. Please speak out loud as you go through the steps, sharing everything that is going through your mind as you engage with this app. The best thing you can do to help us make this app helpful for folks is to be honest and tell us anything and everything you are thinking. At the end of each step, let me know that you are finished by telling me, "I'm done."

Imagine that you are an artist, named Sasha. but you've been feeling blocked creatively lately. You are trying to figure out when you are more creative and if there is anything you can do to help spark your creative process. You heard about this app called Knowing which has been helpful to your friends in tracking different things in their lives. You are also curious to know if there might be some connection between your creative process and the phases of the moon.

Now you've been using the app consistently for the last three months. It is before bedtime on the night of November 30, and you are about to use the app to record all the things about your day.

1. Note your inner & outer weather. Your inner weather is partly cloudy. Your outer weather is windy. Then mark where you are today. You are in New York City. When you are finished, move on to the next step.
2. Record your feelings. You feel anticipation, stressed and curious. Add that you also feel tired. When you are finished, move on to the next step.
3. Record your happenings. Begin with sleep. You slept 5 hours. The quality of your sleep was low. You did not take a nap.
4. Record your water intake. You had 3 glasses of water today.
5. Record the other happenings in this order ... you did some yoga, you had a long shower. You watched something funny for awhile and it made you giggle, you painted .. then ou sat in the park by the lake. Later on you did some updates for your colleague at your job. You called your best friend and spent some quality time sharing with them.
6. When you are finished, look at your summary.
7. From here - go to your daily view. Scroll down to see what content is offered to you here about your day.
8. Switch to see your monthly view

9. On your monthly view, go to the day before and tell us what lunar transit happened. Today is November 30, and yesterday was November 29. (add transit)

10. From here - find Self mode. (tab)

11. In your natal chart - quickly see an explanation of your planets, signs and houses.

12. From here, go to your knowings.

13. Select your Happenings.

14. In Happenings, you want to explore your creativity. Go to creativity and look at the last three months of your creativity patterns. (two creatives on the screen--change to "creativity")

15. Remembering that you are working on getting unstuck creatively, how has your engagement with this app helped you learn about your creative patterns? Is that useful to you?

16. On a scale of 1-5, how would you rate the usability of the app? What was hard?

17. When you are going through marking your happenings (ritual research), imagine you are doing that every day, how would that process feel to you?

18. Do you have anything else you would like to share?